



Montessori School of Ithaca

Québec City Field Trip

Bus Number 1

Day One Monday, May 19

4:00 PM Arrive in Québec City and meet your VISIT CANADA guides, at the HOTEL DELTA QUÉBEC.

You will have about an hour (depending on your exact arrival time) to check in and freshen up, then reassemble in the lobby at 5:00pm and depart on a WALKING ORIENTATION TOUR that will introduce you to Parliament Hill, the Assemblée Nationale and weather permitting, Québec's historic Citadelle.

6:00 PM You will stop for DINNER at a fine French restaurant on the Grande Allée. Arrive at RESTAURANT LE FEU SACRÉ for dinner amidst its centuries old stone walls and hand-hewn wooden beams.

Your dinner will begin with the soup of the day, followed by grilled chicken breast served with grilled vegetables & herbed linguini, beverage and dessert. After dinner, CONTINUE your walking tour, with an introduction to the Terrasse Dufferin and Place d'Armes and the historic Château Frontenac. You can also make brief stops at LE PETIT SÉMINAIRE DE QUÉBEC, and the beautiful NOTRE DAME DE QUÉBEC CATHEDRAL.

Your walking tour will end back at your hotel, at around 9:00pm.

9:30 PM Overnight security services begin at 9:30pm.

Day Two Tuesday, May 20

8:30 AM	Meet your guide in the lobby, then board the bus and depart at 8:45am for BREAKFAST in an historic, 300-year-old stone building in the oldest part of the Quartier Petit Champlain.
9:00 AM	Arrive at LES VOLUTES DU CAVOUR and enjoy a full breakfast buffet including cereal, scrambled eggs, bacon, sausage, crepes, fried potatoes, toast and jam, orange juice, coffee, tea and milk.
10:15 AM	After breakfast, transfer to the PLAINS OF ABRAHAM for a visit to a unique, stone fortification that was erected in the mid-nineteenth century to protect Québec City from an invasion from, of all places, America.
10:30 AM	Arrive at MARTELLO TOWER ONE for an interesting, interactive lesson about military strategy of the era, and about the singularly harsh lives led by the soldiers stationed in the Martello Towers.
12:00 PM	After your history lesson, board the bus and transfer back to the QUARTIER PETIT CHAMPLAIN, the oldest part of the city, where you'll pause for lunch on your own. After lunch, you'll be free to browse amidst the ancient greystone buildings and narrow, cobblestoned streets that date back to the early 1600s.
2:45 PM	Meet your guide and walk to the TERRASSE DUFFERIN for a sound and light show depicting the rich history of Québec.
3:15 PM	Arrive at the MUSÉE DU FORT where you will learn about the many battles and skirmishes between the French, British and, yes, the American armies.
	The 45-minute presentation will end with a memorable and highly educational depiction of the decisive Battle of the Plains of Abraham, and a QUIZ to see how much history you absorbed.
4:00 PM	Meet the bus in front of the Chateau Frontenac and return to the hotel to freshen up and dress (casually) for your evening at the sugar shack.
5:00 PM	Depart for a ride through the rolling hills and quaint villages of rural Québec to an all-you-can-eat dinner at an authentic French-Canadian CABANE À SUCRE.
6:00 PM	Arrive at la Cabane à Pierre and enjoy an authentic French-Canadian cabane à sucre. After an all-you-can-eat dinner of typical Québécois fare, you'll learn some traditional dances and folk songs, and your evening will end with a sugar-on-snow party, with real maple syrup and real snow (stored in the winter and served every day of the year).
9:00 PM	Board your bus at about 9:00pm and return to the hotel.
10:00 PM	Overnight security services begin at 10:00pm.
Day Three Wednesday, May 21	
7:45 AM	Meet your guide in the lobby, then board your bus and transfer to a FRENCH BREAKFAST in the lower city.
8:00 AM	Arrive at the charming RESTAURANT LE COCHON D'INGUE (in the Quartier Petit Champlain) where you'll begin your day with a BREAKFAST of large fresh croissants and a bowl of chocolate chaud.
9:15 AM	After breakfast, walk to Place Royale to begin a cultural and historic TREASURE HUNT that will test you on what you have learned thus far about the rich history of New France.

9:30 AM	Your "CHASSE AU TRÉSOR" starts at the Statue of Louis XIV, then winds through the cobblestoned streets of Old Québec, past the Château Frontenac, down the rue du Trésor, past city hall, and past a real cannon ball that's still visible after being shot into a tree several centuries ago.
11:00 AM	(IF THE WEATHER IS INCLEMENT, your group will visit the MUSÉE DE LA CIVILISATION in place of the treasure hunt.) The treasure hunt will end at about 11:00am at the ASSEMBLÉE NATIONALE, Québec's provincial parliament building, from which you will walk to lunch on your own in the QUARTIER LATIN. After lunch you'll free for picture-taking or souvenir shopping along rue St-Jean, in the Latin Quarter's many student-friendly shops and boutiques.
1:15 PM	Meet the bus and depart on a short ride along the north shore of the Saint Lawrence River (the CÔTE-DE-BEAUPRÉ) to the village of Ste-Anne-de-Beaupré.
2:00 PM	There, upon arrival at Ste-Anne-de-Beaupré, your guide will lead you on a tour of its magnificent basilica. This world-famous, gothic cathedral is renowned for its enormous proportions and superb stained glass windows. More than a million visitors tour the basilique every year.
2:30 PM	Meet the bus and depart for Montmorency Falls.
3:00 PM	Arrive at PARC DE LA CHUTES MONTMORENCY, where the first battle between Generals Wolfe and Montcalm took place during the epochal summer of 1759. There, you will walk across a footbridge that crosses directly over the top of the 83-meter high falls, then down a 250-foot staircase that's so close to the face of the falls that you'll feel the mist.
4:15 PM	Return to the hotel to freshen up for dinner this evening.
6:00 PM	Board the bus and transfer to DINNER in the Quartier Petit Champlain.
6:15 PM	Arrive at CÔTES À CÔTES (side by side) where you'll have dinner beginning with the soup of the day followed by grilled chicken breast in bordelaise sauce or steak and french fries, dessert, and soft drink.
7:30 PM	After dinner, meet the bus and transfer to the NATIONAL BATTLEFIELDS COMMISSION'S DISCOVERY PAVILION.
8:00 PM	Arrive at the MAISON DE LA DECOUVERTE, for a highly interactive lesson about warfare in the time of Generals Wolfe and Montcalm.
9:30 PM	After your history lesson, walk back to the hotel.
10:00 PM	Overnight security services begin at 10:00pm.
Day Four Thursday, May 22	
7:00 AM	Pack your bags for a quick check-out after breakfast, then walk with your guide, at 7:15am, to BREAKFAST on the Grande Allée.
7:30 AM	Arrive at LA VIEILLE MAISON (at 625, Grande-Allée est) for a buffet breakfast of scrambled eggs, pancakes, french toast, bacon, fried potatoes, toast and jam, cereals and fresh fruit, and orange juice.
8:30 AM	After breakfast, return to the hotel, bring your bags to the lobby and place them on the bus between 8:45 and 9:00am.

NOTE TO GUIDE: The group should be seated on the first floor.

- 9:00 AM** Board the bus and transfer to the Citadelle.
- 9:15 AM** Arrive at Quebec's historic CITADELLE, the Gibraltar of North America, and begin your tour of the 200-year old French-designed, British-built fortification constructed to defend Canada from attack from the United States.
- After your tour, you can walk on the ramparts for a panoramic view of the ships on the Saint Lawrence River some 300 feet below.
- 10:30 AM** Walk (weather-permitting) via the Promenade des Gouverneurs, 300-feet above the St. Lawrence River, to the QUARTIER PETIT CHAMPLAIN for lunch on your own. (LE PETIT COCHON DINGUE would be a good choice.)
- After lunch you'll be free for some last-minute gift-shopping and picture-taking before you begin your journey home.
- 12:00 PM** Meet at the RUBIK'S CUBE (you'll know it when you see it) near Place Royale then walk to the Québec Ferry Terminal.
- 12:15 PM** Board the 12:30pm ferry to Lévis (from which, as you've learned, the British General Wolfe bombarded General Montcalm's French army in Québec City in the summer of 1759).
- 12:30 PM** End your Québec City visit with a FERRY RIDE ACROSS THE MILE-WIDE ST. LAWRENCE RIVER.
- 12:45 PM** Meet your bus at the Lévis Ferry Terminal and begin the last leg of your trip back to the United States.
- 9:30 PM** Arrive back at school at about 9:30pm (your actual arrival time may slightly vary).